Guide to Senior Services
In Sandoval County:
Governmental and
Non-Profit Resources

Division of Senior Services
4330 Meadowlark Lane SE
Rio Rancho, NM 87124
(505) 891-5018
www.rrnm.gov

Department of Parks,
Recreation and
Community Services
June 1, 2018

It is my pleasure to introduce you to the "Guide to Senior Services in Sandoval County: Governmental and Non-Profit Resources."

The guide is a valuable resource for individuals, caregivers and professionals who work with older individuals, and who are seeking a variety of home and community-based services.

The creation and publishing of a guide that lists services available in the area is one way that City of Rio Rancho municipal government supports its older citizens.

Sincerely,

Greggory D. Hull
Mayor of Rio Rancho
GUIDE TO SENIOR SERVICES IN SANDOVAL COUNTY

TABLE OF CONTENTS

EMERGENCY NUMBERS .............................................................................................................. 4
Other Emergency Numbers ........................................................................................................ 5
GENERAL INFORMATION AND REFERRAL ............................................................................. 6
BENEFITS AND ASSISTANCE PROGRAMS ............................................................................... 7
Medicare ................................................................................................................................ 7
State of New Mexico .................................................................................................................. 8
Sandoval County Services ......................................................................................................... 9
Social Security Administration .................................................................................................. 9
CONSUMER AND LEGAL ASSISTANCE .................................................................................. 10
DISABILITY SERVICES .............................................................................................................. 12
EMPLOYMENT .......................................................................................................................... 13
HEALTH CARE .......................................................................................................................... 13
Alcohol/Drug Treatment and Prevention Programs ................................................................. 14
Support Groups ....................................................................................................................... 14
Health Programs/Health Care Centers .................................................................................. 16
Health Care Groups ................................................................................................................ 17
Mental Health Programs ......................................................................................................... 18
Urgent Care ............................................................................................................................. 19
HOUSING, HOME SAFETY AND SHELTERS ........................................................................... 20
Housing and Urban Development (HUD) ............................................................................... 20
Albuquerque Homeless Shelter ............................................................................................. 20
IN-HOME CARE, HOMEMAKER & CAREGIVER RESOURCES ............................................. 21
Silver Alert Program ................................................................................................................ 21
NUTRITION RESOURCES ....................................................................................................... 22
Congregate Meal Sites ............................................................................................................. 22
Home Delivered Meals ............................................................................................................. 22
Government Food Assistance ................................................................................................... 23
Church-Based Food Pantries .................................................................................................... 24
Pet Food ................................................................................................................................... 25
PRESRIPTION ASSISTANCE ..................................................................................................... 25
RESPITE SERVICES .................................................................................................................. 25
SENIOR CENTERS, SANDOVAL COUNTY ............................................................................ 26
TRANSPORTATION .................................................................................................................. 27
VOLUNTEER PROGRAMS ....................................................................................................... 27
EMERGENCY NUMBERS

Emergency – Police/Fire/EMS .................................................. 911

Municipal Services

City of Rio Rancho ................................................................. 505-891-5000
www.rrnm.gov

Non-Emergency Police/Fire/EMS ........................................... 505-891-7226
500 Quantum Rd, Rio Rancho 87124 .................................... 505-891-5900
Administration – Police Dept ............................................. 505-891-5921
Ambulance, Rio Rancho ....................................................... 505-891-7226
Burn Line ................................................................. 505-891-7268
Domestic Crisis Hot Line (Rio Rancho) ............................. 1-800-526-7157
Animal Control .......................................................... 505-891-5075
3441 Northern Blvd, Rio Rancho 87124
Monday - Saturday, 9 – 5 pm; closed noon – 1 pm
Closed Sunday and holidays.

Fire Rescue Administration/Emergency Management Services (EMS) ..... 505-891-5912
1526 Stephanie Rd, Rio Rancho 87124

Town of Bernalillo
Police/Fire Department/Animal Control
Non-Emergency .................................................. 505-891-7226

Village of Corrales
Police/Fire Department
Non-Emergency Police/Fire ..... 505-897-1277
Animal Control .......................................................... 505-898-0401

Village of Cuba
Police Department
Non-Emergency .................................................. 575-289-9157

Sandoval County ................................................................. 505-867-7500
Sheriff’s Office (Emergency) EMS, Fire, Law Enforcement .......... 911
Sheriff’s Office
1500 Idalia Rd, Bernalillo 87004
8 am – 5 pm, Monday - Friday
www.scso.sandovalcountynm.gov

Fire Marshal ................................................................. 505-867-0245
314 Melissa Rd, Bernalillo 87004
www.sandovalfire.org
Other Emergency Numbers

Adult Protective Services, (APS) 24 Hour Hotline ........................................... 505-841-4500
625 Silver SW, Suite 400, Albuquerque 87102 ............................................. 1-866-654-3219
To report suspected adult/elder abuse, neglect or exploitation.
www.nmaging.state.nm.us

Agora Crisis Center Help-Line ................................................................. 505-277-2013
Mailing Address: UNM1: MSC 02 1675 Albuquerque, 87131 855-505-4505
Help line. Hours: 9 am - midnight, 365 days a year. Crisis, or just call to talk.
www.agoracares.org

Domestic Violence, State of NM Crisis Hot Line, 24 hours ....................... 1-800-773-3645

Domestic Violence Resource Center (DVRC) ........................................... 505-248-3165
Family support in situations of domestic violence.

ABQ Family Advocacy Center ................................................................. Non-Emergency: 505-243-2333
505-272-6849

Haven House .......................................................................................... 505-896-4869
Domestic violence interventions. or 1-800-526-7157
Email: cosmina@havenhouseinc.org
www.havenhouseinc.org

Valle del Sol ......................................................................................... 505-867-2383
Mental health, psychiatric evaluations, counseling, therapy and case management services.
www.valleedelsofnewmexico.com

Poison & Drug Information Center Emergency/24 Hours ......................... 1-800-222-1222
University of New Mexico, Albuquerque
http://nmpoisoncenter.unm.edu

Rape Crisis Center of Central New Mexico (RCCCNM) Hotline ............... 505-266-7711
9741 Candelaria NE, Albuquerque 87112 Admin .................. 505-266-7712
Email: info@rapecrisiscnm.org
www.rapecrisiscnm.org

S.A.F.E. House ...................................................................................... 1-800-773-3645

UNM Psychiatric Center, Emergency Mental Health Service ................. 505-272-2920
2601 Marble NE, Albuquerque 87132
24-hour mental health crisis line; emergency psychiatric services.
www.hospitals.unm.edu/hospitals

Veteran and Family Support Services (New Mexico)…Non-Emergency: 1-877-929-9797
1-855-NMCRISIS
1-800-273-8255
1-800-855-662-7474
Help with behavioral and mental matters for veterans, active-duty personnel and their families.
Utility Emergencies--Electricity

Public Service Company of New Mexico (PNM)
Serving Albuquerque, Bernalillo, Corrales, Cuba and Rio Rancho.
To Report Electric Power Outages ........................................... 1-888-342-5766
www.pnm.com

Utility Emergencies--Gas

New Mexico Gas Company
Customer Service........................................................................1-505-697-3335
Safety, information and to report natural gas-related emergency........... 1-888-664-2726
www.nmgco.com

Ferrell Gas (Propane)......................................................................1-888-337-7355
Serves the Jemez area.
www.ferrelgas.com

Utility Emergencies--Water

City of Rio Rancho
Utilities Division Water/Wastewater Services .............................. 505-891-5020
3200 Civic Center Circle NE, Rio Rancho 87144 Emergency ............... 505-975-1581
https://rrnm.gov/2793/Utilities

Town of Bernalillo, 24 Hours .......................................................... 505-867-3311
Village of Cuba .............................................................................. 1-575-289-2020
Village of Placitas ........................................................................... 505-867-3017

GENERAL INFORMATION AND REFERRAL

AARP Information Center ............................................................ 505-830-3096
www.aarp.org/states/nm

Aging & Long-Term Care Services, NM Department of
625 Silver SW Suite 414, Albuquerque 87102  Albuquerque ........ 1-866-842-9230
Resource Center.....1-800-432-2080
www.nmaging.state.nm.us

American Red Cross, Mid-Rio Grande Chapter ............................. 505-265-8514
7445 Pan American Freeway NE, Albuquerque 87109
www.redcross.org/local/az-nm-el-paso

Catholic Charities of Central New Mexico.................................. 505-724-4670
2010 Bridge Blvd. SW, Albuquerque 87105
www.ccasfnm.org

City of Rio Rancho, Sandoval County
Division of Senior Services/Meadowlark Senior Center ....................... 505-891-5018
4330 Meadowlark Ln SE, Rio Rancho 87124 Meal Site ........... 505-896-8313
Services/information for persons 55+ and their caregivers.
www.rrnm.gov
Independent Living Resource Center..........................................................505-266-5022
4665 Indian School NE, Suite 100 Albuquerque 87110 ...............................1-800-260-5022
Provide advocacy and services to people with disabilities.

NM Coalition of Sexual Assault Programs.................................................888-883-8020
3909 Juan Tabo NE, Suite 6, Albuquerque 87111
Comprehensive resource center on issues of sexual abuse and sexual assault.
Email: nmcsap@swcp.com
www.nmcsap.org

NM Coalition Against Domestic Violence ..................................................505-246-9240
Referrals for domestic violence victims.
Email: info@nmcadv.org
www.nmcadv.org

Rio Rancho Regional Chamber of Commerce..........................................505-892-1533
4001 Southern Blvd SE, Rio Rancho 87124-2069
E-mail: riochamber@rrrcc.org
www.rrrcc.org

Sandoval County Senior Program
www.sandovalcounty.com
  Information & Assistance.................................................................505-867-7535
  Frail Elderly Program.................................................................505-404-5816
  Five Sandoval Indian Pueblos, Inc...............................................505-867-3351

Senior Affairs, Albuquerque Department of ...........................................505-764-6400
1 Civic Plaza NW, Albuquerque 87102
Email: seniorinformation@cabq.gov
www.cabq.gov/seniors

United Way of Central NM ....................................................................505-247-3671
Refers people of all ages who are in need to the appropriate agencies for assistance.
www.uwcnm.org

BENEFITS AND ASSISTANCE PROGRAMS

Medicare

State Health Insurance Assistance Program (SHIP)
www.nmaging.state.nm.us
Toll Free in New Mexico.................................................................1-800-432-2080
The State Health Insurance Assistance Program (SHIP) offers one-on-one benefits counseling
and assistance to people with Medicare and their families on topics such as, Medicare
prescription drug program, Social Security, Medicaid, Medicare and Veterans benefits.

Call for times/appointments:
  Meadowlark Senior Center .............................................................505-891-5018
  Cuba Senior Center.................................................................1-575-289-3510
  Jemez Community Center .........................................................1-575-834-7630
State of New Mexico

New Mexico Human Services Department
New Mexico Supplemental Nutrition Assistance Program (SNAP)
Food Stamp Program ........................................................................................................ 1-800-283-4465
........................................................................................................................................
24-hr 1-855-309-3766

Food stamps for income-eligible families. Call or go to website for qualification guidelines and information on applying for benefits. Applications available at Meadowlark Senior Center. www.yes.state.nm.us

Snap Nutrition Education ........................................................................................................ 1-877-993-3637

Human Services, Department ................................................................................................. 505-222-9160
www.hsd.state.nm.us .............................................................................................................. 1-800-283-4465
Covers the following programs:


Medicaid (Non-Institutional): Financial aid with medical expenses for persons receiving SSI or AFDC. Covers medical bills and Part B premium. Aged (65+), blind and disabled must first apply for Supplemental Security Income (SSI) at the Social Security Administration.

QMB - (Qualified Medicare Beneficiary): Assistance with medical bills and Part B premium for low-income Medicare Beneficiaries.

SLIMB - (Specified Low-Income Medicare Beneficiary): Assistance with Part B premium only for low-income Medicare beneficiaries.

Low-Income Home Energy Assistance Program (LIHEAP)
One voucher for energy bills during the winter months for income-eligible households. Applications can also be made at the following sites and at the Human Services Department.
Toll Free: .............................................................................................................................. 1-800-283-4465

Sandoval County Senior Programs .......................................................................................... 505-867-7535
Five Sandoval Indian Pueblos, Inc. ............................................................................................. 505-867-3351
NM Aging & Disability Resource Center .............................................................................. 1-800-432-2080
(FAX) ................................................................................................................................... 505-476-4710
Adult Protective Services Intake .... 1-866-654-3219
TTY .......................................................... 505-476-4937

Information and Assistance

Long-Term Care Options Counseling
Benefits Counseling: Health insurance questions, including Medicare and Medicaid.
Health Care Fraud Prevention
Prescription Drug Assistance: NM MEDBANK Program which assists the uninsured and underinsured obtaining medications at prices they can afford.
Bill Payer Program: Money management services for low-income or disabled people who have difficulty budgeting, paying routine bills and keeping track of financial matters.
Adult Protective Services: To report cases of adult abuse, neglect or exploitation.
Community Information and Educational Presentations
Sandoval County Assistance Programs
Income Support Office/indigent Program..................................505-383-6300 (leave message)
Regulates Food Stamps, Medicaid and Temporary Assistance for Needy Families (TANF).

Rebuilding Together (Sandoval County) ..........................................................505-896-3041
P.O. Box 44755, Rio Rancho, NM 87174
Remodeling and home repairs for low-income individuals. No fee.
www.rebuildingtogethersandoval.org

Salvation Army, Family Services .................................................................505-881-4292
Rental Assistance (evictions) Utility Assistance
4301 Bryn Mawr Dr NE, Albuquerque, 87107
Applications/interviews taken Monday & Wednesday 9 – 11 am and 1 – 3 pm,
or Friday 9 – 11 am
Appointments in Rio Rancho once a week – call for appointment...............505-881-4292

Social Security Administration
4433 Jager Dr NE, Rio Rancho or
500 Lead Ave Suite 100 SW, Albuquerque
Includes the following programs:

Retirement (age 62 - 67), Dependent, Survivor’s Benefits:
Benefits determined by past earnings and work history.
Disability Benefits: Benefits determined by past earnings for permanently disabled persons.
Supplemental Security Income (SSI): Supplemental financial assistance for persons who
are blind, disabled or 65 years old and income-eligible. Persons who qualify for even $1 of
SSI automatically qualify for Medicaid.
Claims, Part B – Medicare Supplement:
Claims for services by doctors and other suppliers covered under Medicare.

Veterans Information

AMVETS (VA Regional Office)........................................................................505-346-3980
.........................................................877-726-8387
500 Gold Ave SW #3004, Albuquerque 87102
Email: louis.rossio@va.gov
www.amvets.org

Disabled American Veterans........................................................................505-346-4864
2822 2nd St NW, Albuquerque 87107

Paralyzed Veterans of America (PVA) - ZIA Chapter.................................505-247-4381
833 Gibson SE, Albuquerque 87102
Free information on available services and assistance with Veteran’s benefits.
www.newmexicopva.org
Rio Rancho Family Health Center, Presbyterian Medical Services .......... 505-896-0928
184 Unser Blvd NE, Rio Rancho 87124 24-Hour Crisis Line .......... 1-888-920-6333
Intake, assessment and treatment.

Veterans Affairs, Department of (Regional Office) ...................... 1-800-827-1000
500 Gold SW, Albuquerque 87102
Information on eligibility and benefits available to Veterans. Covers pension, burial benefits
and guardianship information, etc.

Veterans Affairs, NM Health Care System Suicide Hot Line ........... 1-800-273-8255
1501 San Pedro SE, Albuquerque 87108 Normal Business ............ 505-265-1711
Provides all levels of health care to beneficiaries. 1-800-465-8262
www.albuquerque.va.gov

Social Work Services ................................................................. 505-265-1711
Treatment and coverage of social services.

Veterans Deserve Aid and Attendance
Helps aging veterans and their surviving spouses pay for care at home, in a nursing home,
or in an assisted-living facility when certain disability and income limits apply.

Veteran Services, NM Department of ...................................... 505-383-2404
5201 Eagle Rock Ave, Albuquerque, NM 87113
500 Gold Ave SW Suite 3107, Albuquerque, NM ...................... 505-346-4810
Assistance with filing for federal and state benefits for veterans and their dependents.

American Patriot Service Corporation ..................................... 505-702-8027
3634 Rio Rancho Blvd (Located on Hwy 528), Suite 201, Rio Rancho 87144
Non-profit that helps Veterans who are 65 and older, and their surviving spouses, understand
and apply for VA pension and health care benefits which they may be entitled to.
https://apscnp.org

CONSUMER AND LEGAL ASSISTANCE

Attorney General's Office
408 Galisteo St, Santa Fe 87501 ............................................. 844-255-9210
201 3rd St NW, Suite 300, Albuquerque 87102 .......................... 505-717-3500

Better Business Bureau ......................................................... 505-346-0110
7007 Jefferson St NE, Suite A, Albuquerque 87109
Information on local companies and charities and mediates consumer complaints.
www.bbbsw.org

Consumer Credit Counseling Southwest
Money Management Int’l, Albuquerque West Branch .............. Local: 713-394-3232
24 hours: 1-866-550-8004
Nationwide: 1-800-308-2227

2727 San Pedro NE, Albuquerque 87110
Helps solve financial problems through counseling and management.
www.moneymanagement.org
Consumer Protection Division, Albuquerque ........................................ 505-717-3500
Assistance with consumer complaints.
www.nmag.gov

District Attorney’s Office, Sandoval County ........................................ 505-867-7500
1500 Idalia Rd NE, Building D, Bernalillo 87004
Referrals to other sources of legal assistance.
Email: attorney@sandovalcountynm.gov
www.sandovalcounty.com

Crime Victims Reparation Commission ........................................ 505-841-9432
6200 Uptown Blvd NE, Ste 210, Albuquerque 87110 or ........ 1-800-306-6262
Helps victims of violent crime with expenses incurred as a result of their victimization.
email: CVRC@state.nm.us
www.cvrc.state.nm.us

Law Access New Mexico .............................................................. 505-998-4529
Legal advice, brief service and referrals to eligible low-income or ........ 1-800-340-9771
New Mexicans by telephone and helps remove barriers to the justice system.
www.lawaccess.org

Legal Resources for the Elderly Program (LREP) ............................. 505-797-6000
5121 Masthead NE, Albuquerque 87109 or ........ 1-800-876-6657
(NM State Bar Association) The Legal Resources for the Elderly Program (LREP) is a FREE legal help line for New Mexico residents age 55 and older regardless of level of income. Spanish-speaking attorneys are available.
www.nmbar.org/Public/LREP/

NM Legal Aid ............................................................. 505-998-4529
301 Gold Ave SW, Albuquerque 87125
Legal aid information and resources to low and moderate income New Mexico residents.
www.newmexicolegalaid.org

Public Regulation Commission, New Mexico ................................. 1-888-427-5772
1120 Paseo De Peralta, Santa Fe 87501
Regulates the utilities, telecommunications and motor carriers to ensure fair and reasonable rates, and services to the public as provided by law.
www.nmprc.state.nm.us

Securities Division, NM Department of Regulations & Licensing .......... 505-476-4500
2550 Cerrillos Rd, Third Floor, Santa Fe 87505 or ........ 1-800-704-5533
Investigates financial fraud and violations of state securities laws, assists consumers in avoiding fraud, and making appropriate financial decisions.
www.rld.state.nm.us

Senior Citizens Law Office ......................................................... 505-265-2300
4317 Lead Ave SE, Suite A, Albuquerque 87108
Helps seniors (60+) deal with a multitude of legal issues. Low- to moderately-low income levels may apply.
www.sclonm.org
Vital Records & Health Statistics, NM Bureau of
2400 Wellseley NE, PO Box 25767, Albuquerque 87125
Provides copies of NM birth certificates, death certificates and other vital records. Information on obtaining out-of-state birth certificates.
www.vitalrecordsnm.org

Birth Certificates ..................................................Albuquerque ........505-841-4185
Death Certificates or other requests ......................Santa Fe ............1-866-534-0051

DISABILITY SERVICES

Albuquerque Speech, Language and Hearing Center..........................505-431-4212
9500 Montgomery Blvd NE, Suite 215, Albuquerque 87111
Free testing and lip-reading classes, tests and hearing aid evaluations. Fees based on income.
Email: inquires@aslhc.org
www.aslhc.org

Adelante Development Center, Inc. ...........................................505-341-2000
3900 Osuna Rd NE, Albuquerque 87109
Community-based services, includes a comprehensive seniors program.
Email: info@goadelante.org www.goadelante.org

Aging & Disability Resource Center ...........................................1-800-432-2080
Telephone information, assistance, referrals and advocacy.
www.nmaging.state.nm.us

Blind, New Mexico Commission for the ....................................505-841-8844
2200 Yale Blvd SE, Albuquerque 87106 or ............1-888-513-7958
Vocational rehabilitation and independent living skills training.
www.cfb.state.nm.us

Deaf and Hard of Hearing, New Mexico Commission for the ........1-800-489-8536
505 Marquette Ave NW, Suite 1550, Albuquerque 87102
Online Resource Center about hearing loss.
www.cdhh.state.nm.us

Hamilton Relay
Traditional relay services and CapTel®
TTY .............................1-800-659-8331
Voice .........................1-800-659-1779
Email: relaynm@hamiltonrelay.com
www.hamiltonrelay.com

Independent Living Resource Center........................................505-266-5022
4665 Indian School Rd NE, Albuquerque, 87110
1-800-266-5022
Services to maximize the independence of individuals with disabilities.

Information Center for New Mexicans with Disabilities..............1-800-552-8195

Center for Development & Disability Information Network Hotline ....505-272-8549
www.cdd.unm.edu/infonet
LifeROOTS
1111 Menaul Blvd NE, Albuquerque, 87107....................................................505-255-5501
1909 29th St SE, Rio Rancho, 87124.............................................................505-962-0270
www.liferootsnm.org

Motor Vehicles, Department of.................................................................505-891-5014
4114 Sabana Grande SE, Rio Rancho 87124.............................................1-888-683-4636
Handicap license plates and placards
www.mvd.newmexico.gov

New Mexico Technology Assistance Program ........................................505-841-4464
625 Silver Ave SW, Albuquerque, NM 87102
Technology device loan program for use by persons who have a disability.
www.tap.gcd.state.nm.us

EMPLOYMENT

Aging & Long-Term Services, New Mexico Dept. of..............................1-866-842-9230
625 Silver SW, Suite 414 Resource Center ..........................1-800-432-2080
Albuquerque, 87102
Training opportunities for low-income workers (age 55+) with temporary training assignments
in senior centers, private non-profit organizations and government offices.
www.nmaging.state.nm.us

  50+ Employment Connection
  Assistance with resumes, cover letters, applications, job searches and more.
  Meadowlark Senior Center
  4330 Meadowlark Ln SE
  Rio Rancho 87124
  For Appointment .........................................................................................505-629-7080

Goodwill Industries Senior Community Service Employment Program......505-881-6401
5000 San Mateo NE, Albuquerque 87114

Labor, New Mexico Department of Workforce Solutions
New Mexico Job Service Center.................................................................505-771-2160
301 Rail Runner Ave, Bernalillo 87005
Job placement and information on unemployment benefits. Prepares unskilled income eligible
adults for entry into the labor force, training and employment prospects.
Email: infodws@state.nm.us
www.dws.state.nm.us/ or www.dws.state.nm.us/dws-jobseeker.html

Vocational Rehabilitation, Division of.......................................................505-896-4501
3791 Southern Blvd SE, Suite 210, Rio Rancho 87124
Supportive services, veterans’ services, individual counseling, vocational rehabilitation
and basic skills/GED training services; employment information and informational services.
www.dvr.state.nm.us

Help New Mexico ......................................................................................505-265-3717
5101 Copper Ave NE Albuquerque, 87108
Adult education, job training and placement.
www.helpnm.com
HEALTH CARE

Alcohol/Drug Treatment and Prevention Programs

Alcoholics Anonymous Information, 24-Hour Hotline ......................... 505-266-1900
1921 Alvarado NE, Albuquerque 87110
12-Step recovery group meetings and additional Information.
www.albuquerqueaa.org

Five Sandoval Indian Pueblos .............................................................. 505-867-3351
4321B Fulcrum Way NE, Rio Rancho 87144
Substance abuse prevention and treatment, WIC, energy assistance, and food distribution.
www.fsipinc.org

National Council on Alcoholism and Drug Dependence ..................... 1-800-622-2255
Information, referral, education, crisis counseling and assessments of alcoholics, their family
members and their employers.
www.ncadd.org

Rio Grande Region of Narcotics Anonymous ................................. 1-800-798-6649
A non-professional fellowship of addicts helping addicts. No cost to belong.
Email: email@riograndena.org
www.riograndena.org

Health Information Lines/Support Groups

American Macular Degeneration Foundation (20/20 Club) ................... 505-856-5040
Low Vision Support Group
Contact Barbara Free ................................................................. 505-275-9952
10704 Paseo Del Norte NE, Sandia Presbyterian Church (Meets 2nd Wednesday August-May)
National Foundation ................................................................. 1-888-622-8527
www.macular.org

Alzheimer’s Association Albuquerque .............................................. 505-266-4473
9500 Montgomery NE, Suite 121, Albuquerque 87111 24 Hour Helpline 1-800-272-3900
www.alz.org/newmexico
TDD ....................... 1-866-403-3073

American Cancer Society Support Groups ................................. 505-260-2105
8500 Menaul Blvd NE, Suite 500, Albuquerque 87112 1-800-227-2345
Hours: 8:30 am - 5 pm, Monday - Friday
www.cancer.org

American Diabetes Association ...................................................... 1-800-266-5716
Email: AskADA@diabetes.org
facebook.com/adanewmexico
www.diabetes.org

American Heart Association & American Stroke Association ............ 505-485-1330
2201 San Pedro NE, Bldg. 2, Suite102, Albuquerque 87110 1-877-242-4277
www.heart.org/albuquerque
facebook.com/ahanm
American Lung Association of New Mexico ............................................ 1-800-586-4872
5911 Jefferson NE, Albuquerque 87109
Email: nminfolungs.org
www.lung.org

Arthritis Foundation, .............................................................. 505-217-1777
8100 Wyoming NE, Suite M4, Albuquerque 87109 (mail only) 1-800-283-7800
Email:narcypatten@arthritis.org
www.arthritis.org/new-mexico

Cancer Services of New Mexico .................................................. 505-259-9583
PO Box 51735, Albuquerque 87181-1735
Services to reduce cancer-suffering for New Mexico’s families.
Email: info@CancerServicesNM.org
www.cancerservicesnm.org

Prostate Cancer Support Association of NM .................................. 1-800-278-7678
2533 Virginia St NE, Suite C, Albuquerque 87110 505-254-7784
Free support services for newly-diagnosed prostate cancer patients.
Open Monday - Thursday only, 10 – 2 pm. Other times by appointment.
www.pcsanm.org

Center for Development and Disability Information Network ............ 505-272-3000
2300 Menaul Blvd NE, Albuquerque 87107 1-800-552-8195
Information and referral about developmental disabilities.
www.cdd.unm.edu

Leukemia and Lymphoma Society ............................................... 505-872-0141
6100 Indian School Rd NE, Suite 225, Albuquerque 87110 1-888-286-7846
www.ils.org/new-mexico

Lupus Foundation of America, Inc. Information Line .............. 1-800-558-0121
1224 Pennsylvania St NE, Albuquerque, 87110 505-881-9081
www.facebook.com/lupusawarenessabqsupport 505-353-0270
www.lupus.org

Veterans Affairs National Caregiver Support Line ..................... 855-260-3274
Support resources for caregivers of Veterans.
Call-in available Monday - Friday: 8 - 11 pm; Saturday 10:30 am - 6 pm (Eastern Std.Time)
www.caregiver.va.gov

New Mexico Donated Dental Services ....................................... 505-298-7206
9201 Montgomery Blvd NE, Suite 601, Albuquerque, 87111
Application ................................................................. 505-298-7206
www.nmdental.org

NM AIDS Services ................................................................ 505-938-7100
3900 Osuna Rd NE, Albuquerque, 87109 or 1-888-882-2437
www.nmas.net
Eye Care Resources

ABQ Lions Club
www.abqnelionsclub.com

Rio Rancho Host Lions Club
http://e-clubhouse.org/sites/riorancho/

CNM
www.cnm.edu/cnm-community/community-resources/eyeglasses

Vision USA
Free eye exams for eligible individuals..................................................800-766-4466

Health Programs/Health Care Centers

Blood Pressure Screenings .................................................................505-891-5018
Meadowlark Senior Center – Monday – Friday: 9:30 - 11:30 am
4330 Meadowlark Ln SE, Rio Rancho 87124

Community Dental Services, Inc.
2116 Hinkle St SE, Albuquerque, 87102........................................505-843-7493
General dentistry and prosthetics (dentures, partials, etc.) for uninsured, low-income and
Medicaid recipients. Call for specific information.
www.cdsabq.org

El Pueblo Health Services .................................................................505-867-2324
121 Calle del Presidente, Bernalillo 87004
Provides health services. Accepts all forms of payment and the uninsured. Fees based on
total household income.
Email: info@elpueblofamilyhealthcare.org
www.elpueblohealth.org

Eye Care America's Seniors Eye Care Program..............................1-877-887-6327
Provides a free exam and up to a year of treatment for persons 65 or older. Contact to apply.
www.eyecareamerica.org or www.aaao.org/eyecare-america

First Choice Community Healthcare and Dental Admin. ...........505-224-8772
Primary care medical services and dental services.
Administration: 2001 Centro Familiar SW, Albuquerque 87105
www.fcch.com

First Nations Community Health Source.................................505-262-2481
5608 Zuni Rd SE, Albuquerque 87108
American Indian/Alaska Native community-based health and human services organization.
Also treats the homeless.
www.fnch.org

Homeless, Healthcare for the General... 505-766-5197
1217 First St NW, Albuquerque 87102
Medical........505-242-4644
Medical treatment, social work, dental services, counseling, therapy, and substance abuse
programs for the homeless. Email: info@abqhch.org
www.abqhch.org
Presbyterian Medical Services - Rio Rancho Family Health Center
184 Unser Blvd, Rio Rancho 87124 .......................................................... 505-896-0928

Cuba Health Center .................................................................................. 575-289-3291
6349 State Highway 550, Cuba 87013
www.pmsnm.org

Sandoval County Community Health Program........................................ 505-867-2291
The Health Commons, 1500 Idalia Road NW, Building B, Bernalillo 87004
Services to families with a focus on pregnant women, children, teens and older adults.
www.sandovalcounty.com

Family Health Programs
Coordinates services at the Health Commons and directs the Family Support Program.

Health Care Assistance and Oral Health Prevention Program
Provides health care, oral and behavioral health services, pharmacy, ambulance and cremation services for indigent residents of Sandoval County.

Frail & Elderly Program ........................................................................ (leave message) 505-404-5816
Provides at-risk seniors with light housekeeping, case management, mental health counseling, medical transportation and respite care services.

University Hospital Senior Health Center/Clinic...................................... 505-272-1754
1101 Medical Arts Ave NE, Building 4, Suite A, Albuquerque 87108
Evaluates and treats medical problems of the elderly. Adult care for those 75 years and older.
www.hcs.unm.edu

Health Care Groups

Davita Medical Group Main number ........505-896-8600
1721 Rio Rancho Blvd SE, Rio Rancho 87124 ........................................... 505-262-7000
Primary, specialty and urgent care medical services.
www.abqhp.com

Kirtland Air Force Base Services 377th Medical Group.......................... 505-846-3200
KAFB Clinic, 1501 San Pedro SE, Building 47, Albuquerque 87117
Medical services to both inpatient and outpatient retired military and dependents.
www.airforcemedicine.af.mil/mtf/kirtland

Presbyterian Medical Group – Rio Rancho office .................................. 505-462-6000
4005 High Resort Blvd SE, Rio Rancho 87124  Monday – Friday: 8 – 5 pm

UNM Sandoval Regional Medical Center – Physician Clinic .................. 505-994-7397
General Information ............................................................................... 505-994-7000
3001 Broadmoor Blvd NE, Rio Rancho 87144
Monday - Friday 8 – 9 pm
www.unmsrmc.org

UNM Family Health Westside ................................................................ 505-272-2900
4808 McMahon NW, Albuquerque 87114
Primary care medical services, Monday - Friday, 8 am – 5 pm
www.hospitals.unm.edu
HOSPITALS

Lovelace Medical Center .................................................................505-727-8000
601 Dr. Martin Luther King Jr. Ave NE, Albuquerque 87102
www.lovelace.com

Lovelace Westside Hospital .............................................................505-727-2000
10501 Golf Course Rd NW, Albuquerque 87114
www.lovelace.com

Presbyterian Hospital, Albuquerque ..............................................505-841-1234
1100 Central Ave SE, Albuquerque 87106
www.phs.org

Presbyterian Kaseman Hospital ....................................................505-291-2000
8300 Constitution Ave NE, Albuquerque 87110
Kaseman-hospital.phs.org

Presbyterian Rust Medical Center .................................................505-253-7878
2400 Unser Blvd SE, Rio Rancho 87124
Rust-medical-center.phs.org

UNM Cancer Center .........................................................................505-272-4946
1201 Camino de Salud NE, Albuquerque 87106 800-432-6806
Official cancer center for the state as designated by the National Cancer Institute.
cancer.unm.edu/

UNM Sandoval Regional Medical Center .......................................505-994-7000
3001 Broadmoor Blvd NE, Rio Rancho, 87144
www.unmsrmc.org

VA Health Care System, New Mexico..............................Primary Care ..505-265-1711, option 3
1501 San Pedro SE, Albuquerque 87108 800-465-9970
www.albuquerque.va.gov Caregiver Support .........................855-260-3274

Mental Health Programs

PeopleWorks-NM ........................................................................505-990-4186
Sliding fee schedule. Most insurances accepted including Medicare.
1005 21st Street SE Suite B, Rio Rancho, NM 87124
2917 Carlisle NE Suite 106, Albuquerque, NM 87110
Email: peopleworksnm@gmail.com
www.peopleworksnm.org

Five Sandoval Indian Pueblos, Inc. ..............................................505-867-3351
4321-B Fulcrum Way NE, Rio Rancho 87144
www.fsipinc.org

Grief and Loss Support Group ...................................................505-891-5018
4330 Meadowlark Ln SE, Rio Rancho
Open to anyone 55 and older dealing with any kind of loss. Call for dates and times.
Valle del Sol.................. 24-Hour Crisis Line.................................855-662-7474
301 S. Camino Del Pueblo, Bernalillo 87004 .......................................505-867-2383
Help in crisis situations. Mental health, psychiatric evaluations, counseling, therapy and
case management services.
Email: JillC@vdsnm.com
www.ValleDelSolOfNewMexico.com

NAMI Support Group (National Alliance on Mental Illness)
2015 Wyoming Blvd NE, Suite E ........................................ 24-hr hotline 1-800-950-NAMI
Albuquerque 87112 New Mexico residents: 800-953-6745 or 505-256-0288
Rio Rancho residents: 505-990-2292
Local 24-hour crisis line: 505-272-2920

www.namirioranchonm.org
www.namialbuquerque.org
NAMI is a self-help, support and advocacy group for consumers and families. Trained
volunteers provide information, referrals, and support.

Rio Rancho Family Health Center, Presbyterian Medical Services .......505-896-0928
184 Unser Blvd NE, Rio Rancho 87124 Monday – Friday: 8 am – 12 pm and 1 pm to 5 pm
Family medical /behavioral health services including veterans and family support services.
www.pmsnm.org

St. Martin’s Hopeworks.................................................................505-242-4399
1201 3rd St NW, Albuquerque 87102
Mental health services, case management, and substance abuse counseling.
www.smhc-nm.org
  Administration: Monday – Friday, 8 am – 5 pm
  Shelter: Monday - Friday, 8 am - 2 pm; Sunday 8 - 10 am......................505-843-9405
  Behavioral Health Program: Monday – Friday, 8 am - 4 pm 505-764-8231

UNM Psychiatric Center...............................................................505-272-2800
2600 Marble NE, Albuquerque 87106 505-272-1700
Mental health 24-hour crisis line for the geriatric population; inpatient, outpatient and
emergency psychiatric care. Geriatric Psychiatric Unit.
www.hospitals.unm.edu/hospitals

Urgent Care

NextCare Urgent Care
Customer Service.................................................................888-381-4858
1721 Rio Rancho Blvd, Rio Rancho 87124 ......................................505-395-5520
8201 Golf Course Rd NE, Albuquerque 87120
www.nextcare.com

Presbyterian Urgent Care.........................................................505-462-8888
4100 High Resort SE, Rio Rancho 87124
Monday – Friday: 7 – 6 pm; Saturday & Sunday: 7 – 4 pm; Holidays: 7 – 4 pm
www.phs.org/doctors-services/services-centers/urgent-care
Physician Referral

Lovelace Care Concierge ................................................................. 505-727-2727
Schedule an appointment with any provider, find a specialist and receive a follow-up call after your appointment.

HOUSING, HOME SAFETY AND SHELTERS

Housing and Urban Development (HUD)
U.S. Department of, ABQ Office.......................................................... 505-346-6463
500 Gold Ave SW, Albuquerque, 87102
Section 8 Rental Voucher Program for low-income households.
www.hud.gov/state/new_mexico/offices

Weatherization (Central New Mexico Housing Corporation) ............... 505-345-4949
703 Osuna Rd NE, Suite #2, Albuquerque 87113
Weatherization for low-income occupant homeowners within Bernalillo, Sandoval, Torrance Valencia counties, and some pueblos. Assessment for energy conservation measures. Does not provide skirting for mobile homes. No water bills paid. Services based on income.
http://www.centralnmhousing.org

Haven House .................................................................................. 505-896-4869
24 Hour Crisis Line...................................................................... 800-526-7157
PO Box 15611, Rio Rancho 87174
Provides domestic violence counseling services and shelter for women and their children.
www.havenhouseinc.org

Joy Junction – Albuquerque Homeless Shelter
4500 2nd Street SW, Albuquerque 87105 ........................................ 800-924-0569
.............................................................................................. 505-877-6967
Provides the homeless with the help they need to get back on their feet.
www.joyjunction.org

Steel Bridge Albuquerque Resource Center
2021 2nd Street SW, Albuquerque 87102 ......................................... 505-346-4673
Clothing and food boxes 9 am - 4 pm ........................................... 505-554-2780
Women’s & Children’s Crisis Center............................................... 505-544-2780
www.mysteelbridge.org

Sandoval County

Department of Housing Services, Town of Bernalillo .......................... 505-867-2792
Housing for low-income residents.
www.townofbernalillo.org

Buena Vista Active Adult Community (Rio Rancho) .......................... 505-896-8959
1355 Meadowlark Ln SE, Rio Rancho 87124
Affordable apartment homes (next door to Meadowlark Senior Center). Accepts Section 8 Rental Voucher program.
www.buenavista-apts.com
Rebuilding Together (Sandoval County)
P. O. Box 44755, Rio Rancho, NM 87174 ..................... (leave message) 505-896-3041
Remodeling and home repairs for low-income and older individuals. No fee.
Email: help@rebuildingtogethersandovalcounty.org
www.rebuildingtogethersandoval.org

State of New Mexico

Housing & Urban Development, Department of ........................................505-346-6463
Public housing – Albuquerque field office. HUD rental programs.
www.hud.gov/state/new_mexico/offices

Independent Living Resource Center......................................................505-266-5022
4665 Indian School Rd, Suite 100, Albuquerque 87110 1-800-260-5022
Housing, legal rights, home modification, help finding personal caregivers (Medicaid only).
www.nmsilc.org

IN-HOME CARE, HOMEMAKER & CAREGIVER RESOURCES

Adult Protective Services, (APS) 24-Hour Service .................................. 1-866-654-3219
Serves Bernalillo, Torrance and Sandoval counties. 505-476-4912
Provides investigation and protective services to persons over the age of 18 who are unable
To protect themselves from abuse, neglect or exploitation.
http://www.nmaging.state.nm.us/Adult_ProtectiveServices.aspx

New Mexico Aging & Long-Term Services.............................................800-432-2080
2550 Cerrillos Rd, PO Box 27118, Santa Fe, NM 87502
Coordinated in-home health services by a home health agency licensed by the New Mexico
Department of Health Services.
www.nmaging.state.nm.us

Silver Alert Program ..................................................................................505-891-5018
Silver Alert is a notification system sent out statewide when a person 50 years or older with
dementia goes missing. The individual’s basic information and photograph are downloaded to
a flash drive and given to that person’s caregiver for safekeeping. In the event the person goes
missing, the flash drive is given to the Rio Rancho Police Department and a Silver Alert is
issued. The program is sponsored by the Rio Rancho Police Department, the Sandoval County
Sheriff’s Office, and the Meadowlark Senior Center. Call for an appointment. No fee.

Independent Living Resource Center......................................................505-266-5022
4665 Indian School Rd NE, Albuquerque 87110 ......................................1-800-260-5022
Housing, legal rights, home modification, assistance finding personal caregivers (Medicaid only).
www.nmsilc.org

Retired Senior Volunteer Program (RSVP) Sandoval County ..........505-404-5822
Homemaker services for adults who cannot perform the essential activities of daily living.
Sandoval County Senior Program

Homebound Network
Social and emotional support to homebound elderly and caregivers............505-404-5816
In-home support services such as light housekeeping, grocery or ....505-404-5815
shopping and assistance with personal care.

www.sandovalcounty.com
Assisted transportation to and from health care appointments..............505-934-8774

Case Management

Five Sandoval Indian Pueblos, Inc.  www.fsipinc.org .........................505-867-3351
Sandoval County Senior Program .......................................................505-404-5816

NUTRITION RESOURCES

Congregate Meal Sites

Five Sandoval Indian Pueblos, Inc.................................................. 505-867-3710  505-867-3351
960-D West Highway, Bernalillo 87004  Rio Rancho ......................505-771-5376
4321-B Fulcrum Way SE, Rio Rancho 87144  Santa Ana Pueblo ..........505-771-6746
                                         Sandia Pueblo ...............505-771-5140
                                         Zia Pueblo ..................505-867-9603

Congregate meals and home-delivered meals to people, 55 years of age or older from Sandia, Santa Ana and Zia pueblos. Monday - Thursday, lunch is served; Friday, breakfast is served.
https://fsipinc.org/Food_Distribution.html

Sandoval County Senior Meal Programs (Frail and Elderly) ..................505-896-8313
Socialization and a meal for persons 60 or over. Donations of $2.00 accepted.
Monday - Friday at meal sites throughout Sandoval County. Also, home-delivered meals and some transportation services. For information on home delivered and congregate programs, contact:

Bernalillo Senior Center ...............................................................505-867-9448
255 S Camino Del Pueblo #B, Bernalillo 87004

Corrales Senior Center .............................................................505-897-3818
4324-A W. Corrales Rd, Corrales 87048

Cuba Senior Center .................................................................575-289-3510
16A Codova St, Cuba 87013

Jemez Community Center .........................................................575-834-7630
8154 Highway 4, Jemez Pueblo 87024

Meadowlark Senior Center .........................................................505-896-8313
4330 Meadowlark Ln, Rio Rancho 87124

Peña Blanca Community Center .................................................505-465-2652
778 Highway 22, Peña Blanca 87041

Placitas Community Center ........................................................505-867-1396
41 Camino de la Huertas, Placitas 87043
Home Delivered Meals

Sandoval County Meal Program ................................................................. 505-896-8313
Meadowlark Senior Center
4330 Meadowlark Ln SE, Rio Rancho 87124

Five Sandoval Indian Pueblos, Inc. ............................................................... 505-867-3351
www.fsipinc.org

Meals On Wheels (Bernalillo County) .......................................................... 505-823-8060
Home delivered meals to the homebound, elderly, convalescing or disabled. No special diets.
Email: clients@mow-nm.org
www.mow-nm.org

Government Food Assistance

Food Stamps, Department of Human Services ......................................... Help Line: 800-432-6217
Supplemental Nutrition Assistance Program, NM (SNAP) ....................... 505-383-6300
4363 Jager Dr NE, Rio Rancho 87144 .......................................................... 800-648-7167
Provides help with purchase of food products at your grocery store.
www.yes.state.nm.us

Other Food Sources

New Mexico Association of Food Banks .................................................. 505-217-1066
Food Assistance Line ................................................................................ 505-349-5340
5840 Office Blvd NE, Albuquerque, 87109 ..............................................
www.nmfoodbanks.org

Cuba Senior Center 575-289-3510
16A Cordova St, Cuba 87013
Commodities, first Thursday of the month, 11 - 2 pm

First Assembly of God
Call for information .................................................................................... 505-867-7226
274 S. Camino Don Tomas, Bernalillo 87004

First Baptist Church .................................................................................... 505-867-8807
800 Camino del Pueblo, Bernalillo 87004
Tuesdays. Sign up starting at 9:30 am
First Baptist Church of Rio Rancho
Call for appointment .................................................................................. 505-892-1323
3906 19th Ave, Rio Rancho 87124
Food bank, second and fourth Sunday, 1 - 2 pm and emergency food, when needed.

Five Sandoval Indian Pueblos .................................................................... 505-867-3710
960D West Highway, Bernalillo 87000 ......................................................... 505-867-3351
Office: 505-867-3351
Commodity foods to low-income households in Jemez, Cochiti, Santa Ana, Sandia, Zia, Santo Domingo, San Felipe and Isleta pueblos. The household must contain at least one person who is a member of a federally-recognized tribe.
Monday – Friday, 7:30 am - 4:30 pm; closed for lunch, 12 noon - 1 pm
https://fsipinc.org/Food-Distribution
Jemez Community Center
8154 Highway 4, Jemez Pueblo 87024
Commodities distributed on 3rd Wednesday
575-834-7630

Jemez Senior Center, Pueblo of
129 Canal St, Jemez Pueblo 87024
Breakfast served Friday only 8:30 – 9:30am, Lunch served Monday – Thursday 11:30 – 1 pm
575-834-9168

Meadowlark Methodist Commodities Center
High Desert United Methodist Church
4200 Meadowlark Ln Suite 6, Rio Rancho, 87124
Distribution Days/Times: Third Tuesday, 9 am - 12 noon; Third Thursday, 1 - 4 pm
Must register. Requires photo identification, proof of income and proof of residency in Sandoval County.
505-891-4206

Peña Blanca Community Center
Highway 313, Peña Blanca 87041
Sign up required. Staff will call for pickup when food is delivered once a month.
505-465-2652

People Helping People
Rivers Edge Mini-Storage, 110 Industrial Loop SE, Rio Rancho 87124
Distribution Days/Times: Last Saturday, 9 - 10 am (drive through).
info@peoplehelpingpeople.org
www.facebook.com/peoplehelpingpeopleofnm/
www.peoplehelpingpeoplenm.org
505-615-1951

Roadrunner Food Bank
Call for times and locations.
5840 Office Blvd NE, Albuquerque 87109
Email: info@rrfb.org
www.rrfb.org
505-247-2052

St. Felix Pantry
4020 Barbara Loop SE, Rio Rancho 87124
Tuesday – Saturday, 9 - 12 noon
505-891-8075
505-891-0285
www.stfelixpantry.org

Storehouse West
1030-F Veranda Dr SE, Rio Rancho 87124
Commodity Distribution: Monday and Friday, 9 am - 1:30 pm.
Wednesdays, 12 noon - 4:30 pm, 2nd and 4th Saturdays, 9:30 – 11:30 am.
Must register in advance.
505-892-2077
www.storehousewest.org

Church-Based Food Pantries

Jemez Helping Hands
PO Box 201, Jemez Springs 87025
Must call for appointment.
505-834-0402
505-829-3797
www.nmfoodbanks.org
Jemez Springs Presbyterian Church .......................................................... 505-829-3816
17570 Hwy 4, Jemez Springs, 87025

Jemez Valley Baptist Church .............................................................. 505-834-7551
8294 Highway 4, Jemez Pueblo 87024
www.jemezsprings.org/comp/helpinghands.html
Must call for appointment
www.nmfoodbanks.org

Rio Rancho Seventh-Day Adventist Church ........................................ 505-892-4421
1351 Westside Blvd SE, Rio Rancho 87124
Distribution Days/Times: Tuesday: 4 pm - 7 pm and Thursday 9 am - 12 pm
(Sandoval County residents only)

**Pet Food**

Storehouse Food Pantry ...................................................................... 505-842-6491
106 Broadway SE, Albuquerque 87102  Third Friday/month: 9 am - noon
Provides food supplies to low-income owners of dogs and cats (when available).
www.thestorehouseabq.org

**PRESCRIPTION ASSISTANCE**

Med Bank New Mexico ........................................................................ 1-800-432-2080
Emergency prescriptions, free prescription drugs, help with insurance, discount cards.
http://www.nmaging.state.nm.us/adrc.aspx

**RESPITE SERVICES**

Sandoval County Frail & Elderly Services ............................................ 505-404-5816
1499 Idalia Rd NW, Bernalillo 87002
Provides at-risk seniors with light housekeeping, case management, mental health counseling, medical transportation and respite care services.
www.sandovalcounty.com

Share Your Care Adult Day Services
Call for information .............................................................................. 505-897-9025
.......................................................... 505-298-1700
1004 24th St, Rio Rancho 87124
Day services to persons with Alzheimer's and related dementia, developmental disabilities and severely disabling mental illness.
Email: sonyab@shareyourcare.org
www.shareyourcare.org/riorancho.shtm
SENIOR CENTERS, SANDOVAL COUNTY

City of Rio Rancho
Meadowlark Senior Center ................................................................. 505-891-5018
4330 Meadowlark Ln SE, Rio Rancho 87124
www.rrnm.gov

Sandoval County Senior Program Centers
www.sandovalcounty.com

Bernalillo Senior Center ................................................................. 505-867-9448
255 S Camino Del Pueblo # B, Bernalillo 87004

Corrales Senior Center ................................................................. 505-897-3818
4324 Corrales Road, Corrales 87048
www.corrales-nm.org/seniorcenter.htm

Cuba Senior Center ................................................................. 575-289-3510
16 Cordova St, Suite A, Cuba 87013

Jemez Community Center ................................................................. 575-834-7630
8154 Highway 4, Jemez Pueblo 87024

Peña Blanca Community Center ........................................................ 505-465-2652
778 Highway 22, Peña Blanca 87041

Placitas Community Center ................................................................. 505-867-1396
41 Camino de la Huertas, Placitas 87043

Other Senior Centers - Albuquerque

Senior Affairs, Albuquerque Department of ........................................... 505-764-6400
Provides a variety of services for the 50+ population. Call for information about the specific
senior center in your community.
www.cabq.gov/seniors

Barelas Senior Center ................................................................. 505-764-6436
714 Seventh St SW, Albuquerque

Bear Canyon Senior Center ................................................................. 505-767-5959
4645 Pitt NE, Albuquerque

Highland Senior Center ................................................................. 505-767-5210
131 Monroe NE, Albuquerque

Los Volcanes Senior Center ................................................................. 505-767-5999
6500 Los Volcanes NW, Albuquerque

Manzano Mesa Multi-Generational Center ........................................... 505-275-8731
501 Elizabeth St NE, Albuquerque

North Valley Senior Center ................................................................. 505-761-4025
3825 Fourth NW, Albuquerque

Palo Duro Senior Center ................................................................. 505-888-8102
5221 Palo Duro NE, Albuquerque
TRANSPORTATION

Disabled American Veterans Hospital Service Coordinator..........................505-256-2821
1501 San Pedro SE, #T-59, Albuquerque 87108   NMDVS .......................866-433-8387
Supports New Mexico Department of Veterans’ Services (NMDVS). To request service,
call the DAV Transportation office well in advance.

Rio Metro (Sandoval County Office)...............................................................505-994-1608
Door-to-door transportation for persons with disabilities, 18 years and older, and
individuals 55 years of age and older. Service within City of Rio Rancho and Albuquerque.
www.riometro.org
www.nmrailrunner.com.org/access/paratransit/rio-rancho

Sandoval County Public Transportation.......................................................866-795-7245
Rural, public transit service within Sandoval County, the Town of Bernalillo, the Enchanted
Hills neighborhood in Rio Rancho, and communities located along New Mexico 4, New
Mexico 22, and U.S. 550. Service is offered Monday – Friday.
www.riometro.org

Sandoval County Assisted Transportation Program ...............................505-934-8774
Van transportation service for meal site, medical appointments and shopping. Contact the
senior center in your area. Donations accepted.

VOLUNTEER PROGRAMS

AARP New Mexico .........................................................................................866-389-5636
535 Cerrillos Rd Suite A, Santa Fe 87501
A variety of volunteer opportunities available like the AARP Driver Safety Program and
providing tax assistance for seniors.
www.aarp.org/giving-back

City of Rio Rancho .........................................................................................505-891-5000
3200 Civic Center Circle NE, Rio Rancho 87144
Volunteers assist with nearly every aspect of our city’s government. Whether a volunteer is
involved in an ongoing position or a single event, volunteer daily, weekly or monthly, the city
of Rio Rancho appreciates the support.
Apply on-line at: www.rrnm.gov

City Agencies using volunteers: Administration .............................................505-891-5002
Emergency Management .................................................................505-891-5855
Keep Rio Rancho Beautiful.................................................................505-896-8728
Library and Information Services ......................................................505-891-5013
Parks and Recreation .................................................................505-891-5015
Police Department .................................................................505-891-5900
Senior Services .................................................................505-891-5018

Retired Senior Volunteer Program (RSVP) ..................................................505-404-5822
1500 Idalia, Building B, Bernalillo 87004 ........................................505-404-5818
Volunteer placement with community agencies for persons 55 and over.
www.sandovalcounty.com
The Meadowlark Senior Center (MSC) is a community center where adults ages 55 and over can congregate to fulfill many of their social, physical, emotional, and intellectual needs. MSC strives to improve the quality of life for older adults through diverse programs and services that encourage citizen involvement. MSC offers complimentary membership, and the monthly activity and event schedule is available FREE online at www.rrnm.gov.

MSC also hosts a meal site operated by the Sandoval County Senior Program. For a suggested donation of only $2.00, those 60 years of age and older can enjoy a nutritious meal five days a week. Home-delivered meals are provided to seniors unable to attend congregate meal sites. To learn more about the meal program, call (505) 896-8312.